

Issue #8

PAW-SOME PET NEWS

May 10th, 2026

Spring Sniffs & Wagging Tails



Understanding Arthritis

Arthritis Awareness Month is a great time to shine a light on one of the most common conditions affecting senior pets — and even some younger ones. Arthritis occurs when the cartilage that cushions a pet's joints begins to wear down, leading to inflammation, stiffness, and pain. While it's more common in older dogs and cats, arthritis can develop at any age due to genetics, past injuries, or underlying joint issues.

Signs of Arthritis in Pets

Pets are experts at hiding discomfort, so early symptoms can be subtle. Common signs include:

- Slowing down on walks
- Hesitation with stairs or jumping
- Stiffness after resting
- Difficulty getting up
- Irritability or decreased interest in play
- Over-grooming or licking at painful joints

The good news is that arthritis is manageable, and early intervention can make a big difference in your pet's comfort and mobility. Treatment plans may include:

- Joint-friendly medications
- Supplements that support cartilage health
- Weight management to reduce joint strain
- Laser therapy or acupuncture
- Low-impact exercise plans
- Supportive bedding or mobility aids
- Every pet's needs are different, so we tailor treatment to help them feel their best.



Meet Cooper



Cooper is getting all the love as Dr. Jess visits him for in-home acupuncture sessions. At 11 years old, this gentle Great Pyrenees is managing osteoarthritis, and acupuncture has become a calming, supportive part of his care routine. These housecall visits help keep Cooper comfortable in his own environment, reduce stress on his joints, and give him the personalized attention he absolutely adores.

Happy Pets, Happy Days

Let's celebrate the pets who make our lives brighter. National Pet Week highlights the importance of:

- Preventive care
 - Proper nutrition
 - Safe environments
 - Enrichment and exercise
 - Strengthening the human-animal bond
- Share a photo of your pet with us — we love seeing your furry family members, they could be featured on our Facebook or in a monthly Newsletter.

Flea, Tick & Mosquito Season

Warm weather means parasites are active again. Even indoor pets are at risk, and prevention is far easier (and cheaper) than treatment. **Why prevention matters:**

- Ticks spread Lyme and other diseases
- Mosquitoes transmit heartworm
- Fleas cause itching, allergies, and anemia

Spring Sniffs and Allergy Relief

May is also Asthma & Allergy Awareness Month, and it's a great reminder that pets can struggle with these conditions too.

Seasonal pollen, dust, mold, and even certain foods can trigger symptoms in both cats and dogs. Common signs include coughing, sneezing, itchy or irritated skin, watery eyes, or changes in breathing. If you notice any of these symptoms, early evaluation can help your pet stay comfortable and breathe easier. Managing allergies or asthma not only improves day-to-day comfort but also supports long-term health as we move into peak allergy season.

Fur-iendly Reminders

- Don't forget — we're also still booking acupuncture appointments and offering convenient care home visits! It's the perfect way to keep your pets relaxed, comfortable, and feeling their best without ever leaving the house. Let Dr. Jess bring the care (and the calm) right to your doorstep.
- We will also be closed on May 25th as our team is taking a moment to paws and honor Memorial Day.
- We're rolling out a new texting and payment platform to make communication smoother and checkout easier for everyone. Thanks for your patience as we get everything up and running — we're excited for you to enjoy the upgraded experience.



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